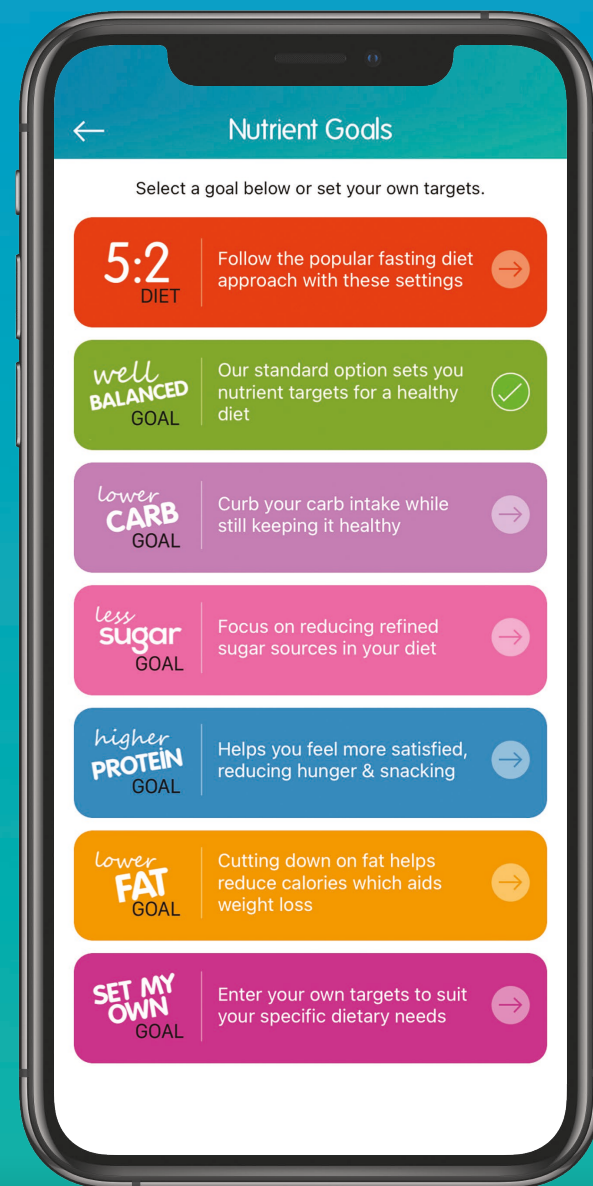


Set a nutrient goal
Includes 5:2 diet



Sync activity from
 fitbit  GARMIN



and Apple Watch

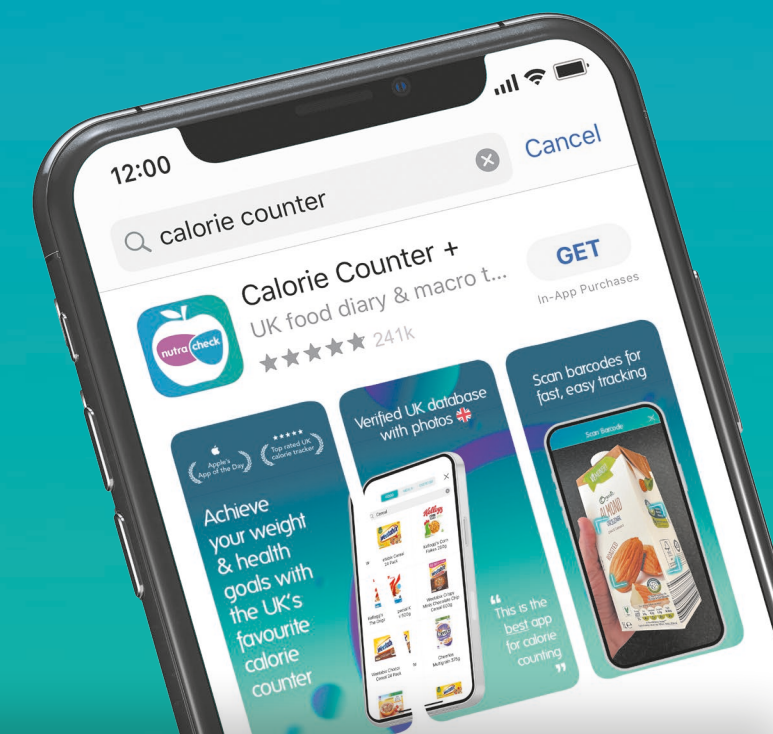
Plus 100s of Apple Health
connected apps & devices

Track your progress &
13 body measurements



Tracking your diet?

Download Nutraceck,
the App Store's top search
result for 'calorie counter'



Rated 4.8 stars out of 5

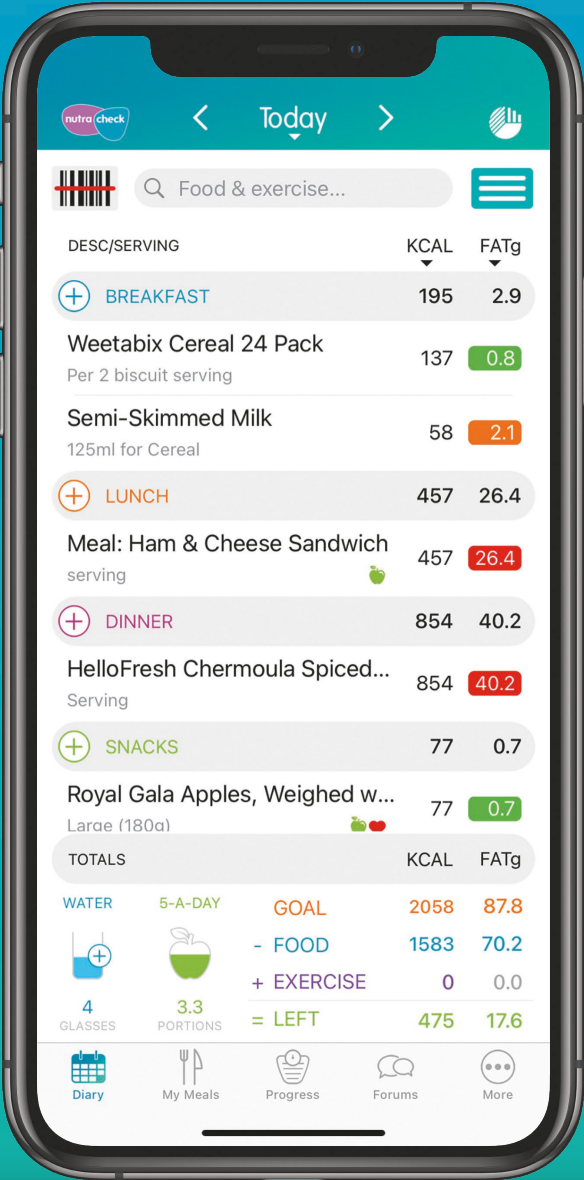
4.8 rating - iOS App Store. Correct at time of print.

Download the Nutraceck app

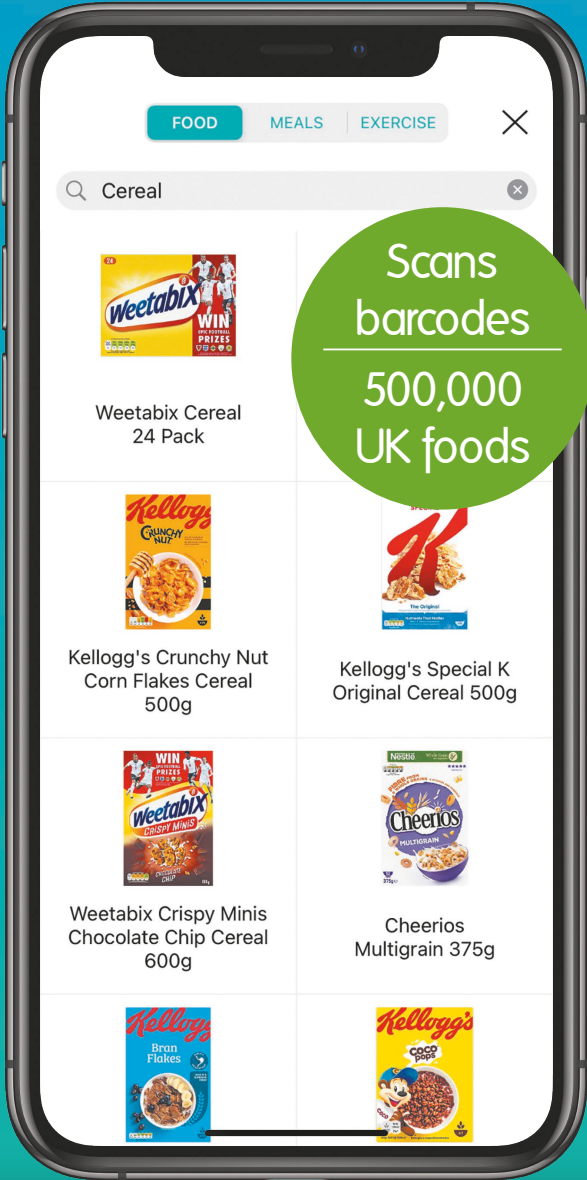
Search for 'Nutracheck'



Easy nutrition tracking
with traffic light guide



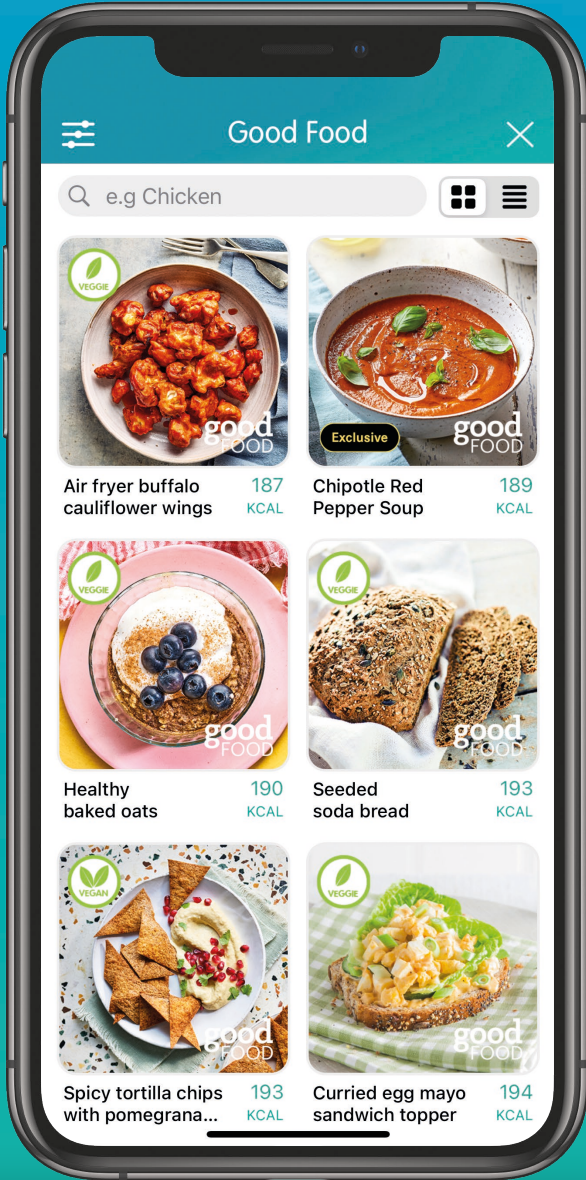
Food photos for
speedy searches



UK's favourite brands
& eating out options



Recipe ideas
to inspire you



Rated 4.8 stars out of 5
4.8 rating - iOS App Store. Correct at time of print.

Download the Nutracheck app

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